

Jill Osgood, Key Note Speaker

Observing Nature: Recordings and Reflections on Walks in the Woods.

Rich MacDonald

Birding Tour

Join naturalist Rich MacDonald on a two-hour birding tour. With fall migration well underway, we have the potential to see a good cross-section of Schoodic's birds. From Moore Auditorium, we will walk to explore a range of local natural communities. We will be using eBird to document our avian findings, so there will be plenty of opportunity to learn more about this powerful platform.

Andrea Lani

Story Mapping

Story maps predate grid maps—the type you keep in your glovebox or phone—by thousands of years. While the grid map is an abstract, geometric representation of the landscape, the story map is a visual depiction of an individual's particular journey through a place. In this workshop, we'll use words, simple drawings, and mapping symbols to recreate on paper the world around us—both elements of the landscape, like trees and hills, and events, like a visit from a chickadee or a dragonfly that zooms across our path. We'll start indoors with a brief introduction to nature journaling and story mapping and a few quick drawing skills. Then we'll head outside to create our own story maps. By noticing and recording the sights, sounds, and moments that draw our attention, we'll sharpen our observation skills and deepen our connection to the natural world.

Please bring: a journal, notebook, or blank paper and clipboard and simple drawing tools (pencil with sharpener and/or waterproof pen, and colored pencils or a small paint set). You may also bring binoculars, a hand lens,

and field guides if you would like, though this workshop will be less about identifying and more about observing and experiencing. Please dress for the weather and wear sturdy shoes, a hat, and sunscreen or bug repellent if needed. We'll carry our journals and pens in our hands, but you may want a bag or backpack to keep everything else in.

Kim Ridley
Nature Writing

Turning observations into a piece of writing either a short piece of prose or poem. We will spend part of our time observing and the rest of it writing and sharing.

Laurie Murray
The Power of Observation

The power of observation is key to successful nature journaling. In this workshop we will explore ways to enhance your observational skills while in the field through the practice of awareness and understanding how our sensory receptors take in information and then transferring that information into your nature journal. We will also examine ways to establish place and to build into your nature journal page elements regarding habitats and ecosystems as a way for you grow in your understanding about the natural world.

Visual Story Telling

Including certain visual elements into the pages of our nature journal helps us not only remember our own personal experience in the field, but it also is a way to connect with the natural world around us. In this workshop our focus will be on aspects of visual storytelling and how to make our nature encounters both lively and memorable.

Alison Dibble

Photojournaling at the Shore

“A picture says a thousand words!” For some visually-oriented people, this is so true. Some of us record our experiences in the natural world using our cameras, as well as pencil and paper. With retired ecologist, novelist and painter Alison Dibble, we’ll start indoors with a brief demonstration about how to compile your best photos in a digital notebook, with tips on editing for impact. Then out we go, shine or light rain, to a shore nearby to work on our skills in nature photography with the cell phone camera or, if you use one, your point-and-shoot camera. We’ll look at getting the most from your camera in a way that is meaningful to you. Will you ever look at those photos again? Yes, because our focus is on finding the compelling subject, employing principles of strong composition, spotting the evocative angle, and emphasizing communication of an emotion. See Alison’s blog (www.writermanna.com) for examples and exercises that you can check out as you have time (available September 18).

Catherine Schmitt

Turning journal notes into stories for sharing with others - incorporating observations, etc. I will read from my books and show how experiences in nature translate into published text.

Karen Zimmerman

Night Walk

Using all your senses to explore nature at night

“When one is alone at night in the depths of these woods, the stillness is at once awful and sublime. Every leaf seems to speak.” -John Muir

Take a 2-hour walk in the woods and tune in to all your senses. We will start in one place with some warm up exercises to get our awareness ratcheted up, and then we will walk slowly and quietly through the night world. More than half the animals that live on this planet are nocturnal, and exploring by night as well as day is just another facet of being a naturalist. A walk through the woods in the dark will allow you to tune up your ability to hear, smell, touch and taste. As we walk through the night we will experience the world many animals have adapted to and thrive in. We will also consider ways to share experiences that are not visual. How do you describe texture, scent, sound in your journal?

Wear comfortable shoes, bring a red-lensed flashlight or cover the front of your flashlight with red plastic if you can. There will be also be a few extra flashlights and we can share.

Jessie Muhlin

Low Tide Field Exploration

A low tide field exploration of the charismatic organisms that reside between the tides, with special emphasis on the seaweeds. Learn about the diversity and natural history of these often overlooked species, as well as the characteristics that have allowed these species to thrive in one of the world's most challenging environments.