

Rick Fox:

Seeing and Simplifying in a Charged Landscape

For October 2023 Workshop

Schoodic Institute

Materials List:

- A plain air easel
- Scissors
- Large paper at least 18" x 24" (newsprint or inexpensive white drawing paper). We will be using the paper for warm-ups, and for compositional studies etc. 10 or 15 sheets will be plenty (2 or three sheets per painting) you don't need buy a whole new pad. But if you bring loose sheets of paper also bring a sturdy piece of cardboard/ drawing board and clips or tape to attach and support the paper.
- A few sticks of vine or willow charcoal and a couple pieces of compressed charcoal
- A white plastic eraser (Staedtler Mars brand is what I use)
- Workable or final fixative (I will have a can that you can borrow if you don't have this)
- At least 5 surfaces to paint on: either 9x12 or 11x14 (can be larger if you wish...see below)

Canvas from a pad of pre-gessoed canvas, stretched + gessoed canvas, and gessoed canvas panels will all work....gessoed paper is fine for back-up or experiments (but not ideal for these exercises.)

We will be working on two paintings per day.

Each day we will be working on 1 painting in the studio and then 1 painting outside in the landscape. You may bring larger canvases to work on if you wish, but the goal will be to finish each painting within the time limitation of each painting session.

- We will be using a palette knife for most of the workshop. 2 palette knives that you like to mix and apply the paint with. Even the best knives break! It is disastrous to be out painting in the wilderness with a broken palette knife and no back-up :)

I suggest bringing a couple of different palette knives and experiment during the exercises to find the one that works for you.

I like the teardrop style with a point on the end. dickblick.com carries this and is called "medium trowel" item # 03117-1030 Style 30 7/8" × 2+3/4"

<https://www.dickblick.com/items/blick-painting-knife-78-x-2-34-painting-style-30/>

- Brushes for paint. I use natural bristle for oil paint. But you should bring the brushes you like to use for the type of paint you like to use. Have at least two good size brushes: A # 4 filbert and a #6 filbert...the #'s are often different sizes for different brands...so two medium size brushes. (We will be using a palette knife for the majority of the workshop.)
- A large palette that you can set on a table/surface but one that you are also comfortable holding if necessary: wooden/ glass/ metal or paper palettes are fine. We will be very physical mixing the paint with the palette knives.
- A couple cotton rags and a roll of paper towels
- Paint: You are welcome to use any paint that you feel comfortable with except traditional watercolors. We will be embracing the opacity of color. I prefer Artist grade oil paint. But water-based oils, gouache, and acrylics all allow for opacity and will be appropriate for use in this workshop. (Traditional watercolors will not work for this workshop)
- Colors: burnt sienna, gold ochre (or yellow ochre if you can't purchase gold ochre), ultramarine blue, ivory black, titanium white, cadmium red medium, cadmium yellow medium. 35ml tubes should be fine except that I suggest an extra tube of titanium white or a large 155 or 200ml tube of titanium white. In addition to these mandatory colors, you are welcome to bring any additional colors that you wish.
- I recommend a small portable/light-weight table to put your palette on while plein air painting, but if you have done some plein-air painting, whatever system that you have come-up with that works for you will be perfect.
- Masking tape
- Bug spray/ Sunscreen/ Hat/ Water Bottle/ Snacks